



# Counseling & Mental Health Services

**Cluster Overview:** Preparing individuals for employment in career pathways that relate to families and human needs.

**Career Goal (O\*NET Code):** Counselor, Mental Health (21-1014), Marriage and Family Therapist (21-1013), Rehabilitation (21-1015), Substance Abuse & Behavioral Disorder (21-1011).

**Student Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**School:** \_\_\_\_\_

## SUGGESTED COURSEWORK

## EXTENDED LEARNING EXPERIENCES

Middle School	8th	<b>HS Courses:</b>	
High School	9th	<b>Core Courses:</b>	English I Algebra I Biology World Geography Physical Education Languages other than English I Professional Communications
		<b>Career-Related Electives:</b>	Principles of Human Services
	10th	<b>Core Courses:</b>	English II Geometry Chemistry World History Languages other than English II
		<b>Career-Related Electives:</b>	Interpersonal Studies or Child Development
	11th	<b>Core Courses:</b>	English III Algebra II Physics United States History
		<b>Career-Related Electives:</b>	Psychology or Languages other than English III
12th	<b>Core Courses:</b>	English IV AP Statistics Anatomy & Physiology Government/Economics Fine Arts	
	<b>Career-Related Electives:</b>	Family and Community Services or Languages other than English IV	

**Curricular Experiences:**  
[Family, Career and Community Leaders of America](#)

**Career Learning Experiences:**  
 Career Preparation  
 Internship  
 Job Shadowing

**Extracurricular Experiences:**  
 Language Immersion Programs  
 Peer Mediation  
 School Newspaper  
 Student Government  
 UIL Academic Competitions  
 Yearbook

**Service Learning Experiences:**  
 Community Service Volunteer  
 FACTS  
 Families First  
 Peer Tutoring / Peer Mentoring  
 STOP the Violence  
 Summer-Camp Counselor

### COLLEGE CREDIT OPPORTUNITIES -- High School

Students should take Advanced Placement (AP), International Baccalaureate (IB), dual credit, Advanced Technical Credit (ATC), or locally articulated courses (Tech Prep), if possible. List those courses that count for college credit on your campus.

Postsecondary	On-the-Job Training	Community Youth Services Aide NOTE: These experiences may be started and/or completed as part of the high school experience.	Personal/Home Care Aide Preschool Aide/Worker	Recreation Aide Social Worker Aide
	Certificates	Microsoft Office Specialist NOTE: Students may earn all or part of these certificates as part of the high school experience.	OSHA CareerSafe	
	Associate Degrees	<a href="#">Behavioral Science Human Services</a>	<a href="#">Individual &amp; Family Development Studies</a> <a href="#">Mental Health Services</a>	<a href="#">Psychology Social Science Studies</a> <a href="#">Substance Abuse Counseling</a>
Bachelor Degrees	Child Psychology Developmental Psychology Health & Wellness Promotion	Human Development & Family Studies Psychology	Rehabilitation Services- Addictions Studies Youth & Community Studies	
Graduate Degrees	Allied Health Sciences- Clinical Gerontology Child Psychology	Counseling Psychology Developmental Psychology Family Ministry	Family Psychology Marriage & Family Therapy/Counseling	

**Career Options:**  
 Addiction Counselor Trainee  
 Group Worker/Assistant  
 Personal/Home Care Aide  
 Social Services Aide

**Career Options:**  
 Rehabilitation Aide  
 Adult Educator  
 Counseling Aide  
 Social Service Worker  
 Volunteer Coordinator

**Career Options:**  
 Addiction Counselor  
 Behavioral Disorder Counselor  
 Family Counselor  
 Gerontology Counselor  
 Marriage & Family Therapist

**Professional Associations:**  
[American Mental Health Counselors Association](#)  
[American Public Human Services Association](#)  
[National Association of Social Workers](#)  
[Texas Association for Marriage & Family Therapy](#)  
[Texas Counseling Association](#)  
[Texas Psychological Association](#)

Students may select other elective courses for personal enrichment purposes.

This plan of study serves as a guide, along with other career planning materials, for pursuing a career path and is based on the most recent information as of 2009. All plans meet high school graduation requirements as well as college entrance requirements.